

aivia

natural and healthy



catalog with *natural*
products

100% VEGAN

our story



Aivia means life, health and great taste.

The story of the AIVIA brand began in 2012 in Romania, in a family that had the desire to create and offer vegan, healthy, and best quality food products.

AIVIA are vegan foods recommended both for people who want a healthy and high-protein diet and for those who follow a vegan or vegetarian diet.

AIVIA vegan foods meet the qualities of functional foods:

- have basic nutritional principles
- contain active substances with beneficial effects on maintaining and recovering health.

what differentiates us?

The clinical trials

AIVIA are Romanian vegan foods patented and tested through clinical trials within the research and development programs BIOTECH, VIASAN and CERES.

Clinical studies recommend the use of AIVIA vegan foods in the nutrition programs of people with metabolic disorders (overweight, obesity, low glucose tolerance, diabetes), in the control of dyslipidemia (lower total cholesterol and increase HDL cholesterol - good cholesterol), in the diet postmenopausal women, in the prevention of cardiovascular and atherosclerotic diseases.

The ingredients

AIVIA foods contain exclusively ingredients necessary for a healthy and 100% vegan product.

The preservatives used in the preparation of AIVIA vegan foods are salt and the natural smoking process with BIO 4+ beech wood. Therefore, the shelf life of AIVIA foods is up to 90 days.

Increased protein intake

In our products, the percentage of protein is between 11,3% and 17,3%.

aivia guarantee?

We guarantee to every consumer that AIVIA vegan foods faithfully keep the recipe used in clinical trials.

We offer vegan foods that are free from genetically modified organisms, monosodium glutamate, preservatives, gelling agents, acidifiers, synthetic dyes, stabilizers, gluten and smoke flavour.

AIVIA vegan foods are produced in our own factory that does not process animal products.



FREE FROM genetically modified organisms, monosodium glutamate, preservatives, gelling agents, acidifiers, artificial colourants, stabilizers, artificial smoke flavour, sugar.

new range



vegan burger

ingredients:

water, pea protein, grain protein, pea fiber, pea flour, sunflower vegetable oil, dehydrated vegetables (onion, garlic), salt.

nutritional information per 100 g	
energy	1248 kJ / 301 kcal
fat	21 g
- of which saturates	3,3 g
carbohydrate	7 g
- of which sugars	4 g
protein	16,4 g
fibre	8,7 g
salt	2,32 g
- of which sodium	0,93 g

packaging type: box

storage: between 2-8 °C

shelf life: 90 days

logistic info:

10 boxes / outer case

net weight

200 g e

32 g
PROTEINS
per pack



vegan mayo

ingredients:

water, **SOY** protein isolate, sunflower vegetable oil, **MUSTARD**, apple cider vinegar, salt, turmeric.

nutritional information per 100 g	
energy	775 kJ / 187 kcal
fat	15,7 g
- of which saturates	1,7 g
carbohydrate	0,4 g
- of which sugars	0,2 g
protein	10,8 g
salt	1,98 g

packaging type: jar

storage: between 2-8 °C

shelf life: 60 days

logistic info:

6 jars / outer case

net weight

160 g e

17 g
PROTEINS
per jar



vegan spread

ingredients:

water, coconut oil, **STARCH**, inulin, citrus fibres, natural flavor, salt.

nutritional information per 100 g	
energy	1221 kJ / 295 kcal
fat	26,7 g
- of which saturates	24,1 g
carbohydrate	13,7 g
- of which sugars	1,2 g
protein	0,3 g
salt	1,5 g

packaging type: jar

storage: between 2-8 °C

shelf life: 90 days

logistic info:

6 jars / outer case

net weight

160 g e

0,5 g
PROTEINS
per jar

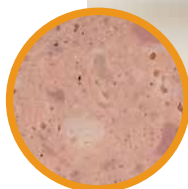


100% VEGAN

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vegan burger

salami



a delicious vegan substitute for smoked salami

ingredients:

water, **SOYA** protein isolate, sunflower oil, potato starch, salt, vegetable extracts, spices: hot paprika, garlic, black peppercorn, coriander, **CELERY**.

nutritional information per 100 g	
energy	511 kJ 122 kcal
fat	4,2 g
- of which saturates	0,6 g
carbohydrate	3,3 g
- of which sugars	0,6 g
protein	17,3 g
salt	2,4 g

packaging type: box

storage: between 2-8 °C

shelf life: 90 days

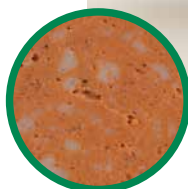
logistic info:

12 boxes / outercase

net weight

220 g e

38 g
PROTEINS
per pack



a delicious vegan substitute for smoked salami with hot paprika

ingredients:

water, **SOYA** protein isolate, sunflower oil, potato starch, salt, hot paprika 0,35%, garlic, **MUSTARD** seeds, cumin, black peppercorn, chilli, vegetable extracts.

nutritional information per 100 g	
energy	545 kJ 129 kcal
fat	4 g
- of which saturates	0,6 g
carbohydrate	6,8 g
- of which sugars	1,1 g
protein	16,3 g
salt	1,9 g

packaging type: box

storage: between 2-8 °C

shelf life: 90 days

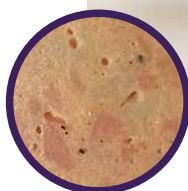
logistic info:

12 boxes / outercase

net weight

220 g e

36 g
PROTEINS
per pack



a delicious vegan substitute for salami

ingredients:

water, **SOYA** protein isolate, sunflower oil, potato starch, salt, vegetable extracts, spices: hot chilli, garlic, black peppercorn, **CELERY**.

nutritional information per 100 g	
energy	511 kJ 122 kcal
fat	4,2 g
- of which saturates	0,6 g
carbohydrate	3,3 g
- of which sugars	0,6 g
protein	17,3 g
salt	2,4 g

packaging type: blow

storage: between 2-8 °C

shelf life: 90 days

logistic info:

12 blows / outercase

net weight

200 g e

35 g
PROTEINS
per pack

sausages



a delicious vegan substitute for smoked sausages

ingredients:

water, **SOYA** protein isolate, sunflower oil, potato starch, salt, spices (hot paprika, garlic, black peppercorn), vegetable extracts, **CELERY**.

nutritional information per 100 g	
energy	456 kJ 109 kcal
fat	3,6 g
- of which saturates	0,5 g
carbohydrate	1 g
- of which sugars	0,8 g
protein	16,7 g
salt	2,15 g

packaging type: box

storage: between 2-8 °C

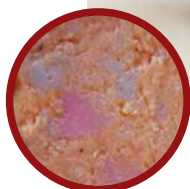
shelf life: 90 days

logistic info:

7 boxes / outer case

net weight

200 g e



a delicious vegan substitute for smoked hot sausages

ingredients:

water, **SOYA** protein isolate, sunflower oil, potato starch, salt, spices (hot paprika, hot chilli, garlic, **MUSTARD** seeds, black peppercorn), vegetable extracts, cumin, horseradish, **CELERY**.

nutritional information per 100 g	
energy	456 kJ 109 kcal
fat	3,6 g
- of which saturates	0,5 g
carbohydrate	1 g
- of which sugars	0,8 g
protein	16,7 g
salt	2,15 g

packaging type: box

storage: between 2-8 °C

shelf life: 90 days

logistic info:

7 boxes / outer case

net weight

200 g e



a delicious vegan substitute for smoked sausages with hot paprika

ingredients:

water, **SOYA** protein isolate, sunflower oil, potato starch, salt, garlic, **MUSTARD** seeds, cumin, black peppercorn, hot paprika 0,1%, vegetable extracts.

nutritional information per 100 g	
energy	456 kJ 109 kcal
fat	3,6 g
- of which saturates	0,5 g
carbohydrate	1 g
- of which sugars	0,8 g
protein	16,7 g
salt	2,15 g

packaging type: box

storage: between 2-8 °C

shelf life: 90 days

logistic info:

7 boxes / outer case

net weight

200 g e



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smoked salami
with hot paprika



frankfurters



a delicious vegan substitute for smoked frankfurters

ingredients:

water, **SOYA** protein isolate, sunflower oil, potato starch, salt, basil, vegetable extracts, onion flakes.

nutritional information per 100 g	
energy	655 kJ 157 kcal
fat	8 g
- of which saturates	1 g
carbohydrate	3,6 g
- of which sugars	0,7 g
protein	16,9 g
salt	2,5 g

packaging type: box

storage: between 2-8 °C

shelf life: 90 days

logistic info:

7 boxes / outercase

net weight

200 g e

34 g
PROTEINS
per pack

ham



a delicious vegan substitute for ham

ingredients:

water, **SOYA** protein isolate, sunflower oil, potato starch, salt, vegetable extracts, spices: garlic, white peppercorn, coriander, hot paprika, **CELERY**.

nutritional information per 100 g	
energy	413 kJ 98 kcal
fat	3,2 g
- of which saturates	0,6 g
carbohydrate	0,8 g
- of which sugars	0,5 g
protein	16 g
salt	1,98 g

packaging type: blow

storage: between 2-8 °C

shelf life: 80 days

logistic info:

12 blows / outercase

net weight

250 g e

40 g
PROTEINS
per pack

fine salami



a delicious vegan substitute for fine salami

ingredients:

water, **SOYA** protein isolate, sunflower oil, potato starch, salt, vegetable extracts, spices: black peppercorn, nutmeg.

nutritional information per 100 g	
energy	413 kJ 98 kcal
fat	3,2 g
- of which saturates	0,6 g
carbohydrate	0,8 g
- of which sugars	0,5 g
protein	16 g
salt	1,98 g

packaging type: blow

storage: between 2-8 °C

shelf life: 70 days

logistic info:

9 blows / outercase

net weight

300 g e

48 g
PROTEINS
per pack

fine salami



a delicious vegan substitute for fine salami with ham

ingredients:

water, **SOYA** protein isolate, sunflower oil, potato starch, salt, vegetable extracts, spices: black peppercorn, nutmeg, basil.

nutritional information per 100 g	
energy	413 kJ 98 kcal
fat	3,2 g
- of which saturates	0,6 g
carbohydrate	0,8 g
- of which sugars	0,5 g
protein	16 g
salt	1,98 g

packaging type: blow

storage: between 2-8 °C

shelf life: 70 days

logistic info:

9 blows / outercase

net weight

300 g e

48 g
PROTEINS
per pack



a delicious vegan substitute for fine salami with red pepper

ingredients:

water, **SOYA** protein isolate, sunflower oil, potato starch, salt, vegetable extracts, red pepper flakes 0,7%, spices: black peppercorn, nutmeg.

nutritional information per 100 g	
energy	413 kJ 98 kcal
fat	3,2 g
- of which saturates	0,6 g
carbohydrate	0,8 g
- of which sugars	0,5 g
protein	16 g
salt	1,98 g

packaging type: blow

storage: between 2-8 °C

shelf life: 70 days

logistic info:

9 blows / outercase

net weight

300 g e

48 g
PROTEINS
per pack



a delicious vegan substitute for fine salami with mushrooms

ingredients:

water, **SOYA** protein isolate, sunflower oil, potato starch, salt, vegetable extracts, champignon mushrooms 7%, spices: black peppercorn, nutmeg.

nutritional information per 100 g	
energy	413 kJ 98 kcal
fat	3,2 g
- of which saturates	0,6 g
carbohydrate	0,8 g
- of which sugars	0,5 g
protein	16 g
salt	1,98 g

packaging type: blow

storage: between 2-8 °C

shelf life: 70 days

logistic info:

9 blows / outercase

net weight

300 g e

48 g
PROTEINS
per pack



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ham

spreads



vegan spreadable

ingredients:

water, **SOYA** protein isolate, sunflower oil, salt, vegetable extracts.

nutritional information per 100 g	
energy	775 kJ 187 kcal
fat	15,1 g
- of which saturates	1,8 g
carbohydrate	1,4 g
- of which sugars	1 g
protein	11,3 g
salt	1,75 g

packaging type: blow

storage: between 2-8 °C

shelf life: 70 days

logistic info:

20 blows / outer case

net weight

150 g e



vegan spreadable with onion

ingredients:

water, **SOYA** protein isolate, sunflower oil, salt, vegetable extracts, onion flakes 1%, spring onion flakes 0,2%.

nutritional information per 100 g	
energy	775 kJ 187 kcal
fat	15,1 g
- of which saturates	1,8 g
carbohydrate	1,4 g
- of which sugars	1 g
protein	11,3 g
salt	1,75 g

packaging type: blow

storage: between 2-8 °C

shelf life: 70 days

logistic info:

20 blows / outer case

net weight

150 g e



vegan spreadable with herbs

ingredients:

water, **SOYA** protein isolate, sunflower oil, salt, vegetable extracts, spices: green pepper flakes 0,35%, herbs 0,2%.

nutritional information per 100 g	
energy	775 kJ 187 kcal
fat	15,1 g
- of which saturates	1,8 g
carbohydrate	1,4 g
- of which sugars	1 g
protein	11,3 g
salt	1,75 g

packaging type: blow

storage: between 2-8 °C

shelf life: 70 days

logistic info:

20 blows / outer case

net weight

150 g e



spreads



vegan spreadable with red pepper

ingredients:

water, **SOYA** protein isolate, sunflower oil, salt, vegetable extracts, red pepper flakes 0,7%.

nutritional information per 100 g	
energy	775 kJ 187 kcal
fat	15,1 g
- of which saturates	1,8 g
carbohydrate	1,4 g
- of which sugars	1 g
protein	11,3 g
salt	1,75 g

packaging type: blow

storage: between 2-8 °C

shelf life: 70 days

logistic info:

20 blows / outercase

net weight

150 g e



vegan spreadable with mushrooms

ingredients:

water, **SOYA** protein isolate, sunflower oil, salt, vegetable extracts, champignons mushrooms 7%.

nutritional information per 100 g	
energy	775 kJ 187 kcal
fat	15,1 g
- of which saturates	1,8 g
carbohydrate	1,4 g
- of which sugars	1 g
protein	11,3 g
salt	1,75 g

packaging type: blow

storage: between 2-8 °C

shelf life: 70 days

logistic info:

20 blows / outercase

net weight

150 g e



vegan spreadable with garam masala

ingredients:

water, **SOYA** protein isolate, sunflower oil, salt, garam masala 0,5%, (clove, black peppercorn, cardamom, cinnamon, coriander), horseradish, cumin, chili, turmeric, basil.

nutritional information per 100 g	
energy	775 kJ 187 kcal
fat	15,1 g
- of which saturates	1,8 g
carbohydrate	1,4 g
- of which sugars	1 g
protein	11,3 g
salt	1,75 g

packaging type: blow

storage: between 2-8 °C

shelf life: 70 days

logistic info:

20 blows / outercase

net weight

150 g e





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smoked frankfurters

about **soya protein isolate**



Soya protein is a vegetable protein. Originated from soya beans, this type of protein is completely vegetable and contains a very good nutritional profile. Being one of the few complete proteins, it means that it contains all 9 essential amino acids: Leucine, Isoleucine, Lysine, Methionine, Phenylalanine, Threonine, Tryptophan, Valine, and Histidine. Represents the highest quality protein with the highest biological value of all vegetable proteins. This means that the body will use a large part of the amount ingested.

After extracting the oil from the soya beans, what remains is the soya protein itself. In commercial products can be found in tofu, soya drinks, soya protein texture, or soya flour. Soya protein isolate has a share of 86% protein in its content. Moreover, it is low in carbohydrates and fats and rich in BCAAs (Branched-Chain Amino Acids). Protein isolate is an easy and fast source of digestible protein that contains large amounts of important amino acids. In addition to the high percentage of amino acids, soya protein isolate is very rich in arginine, an amino acid with implications for immune processes.

Health benefits of soya protein isolate:

- a high-quality protein of non-animal origin
- low in cholesterol, with a low content of saturated fats
- ideal for vegans, vegetarians, and for people with lactose or gluten intolerance
- does not contain genetically modified organisms
- can help lower LDL (so-called bad cholesterol)
- can help increase HDL levels (good cholesterol)
- can improve general well-being and can provide an energy boost
- ideal in a diet that involves a caloric deficit
- contributes to building muscle mass
- recommended as special food for athletes and people who make a physical effort
- rich in vitamin B, Calcium, Iron, Magnesium, Phosphorus and Potassium



What you will NEVER find
in AIVIA products:



Genetically modified organisms

Monosodium glutamate

Preservatives

Acidifiers

Artificial colourants

Gelling agents

Stabilizers

Artificial smoke flavour

Sugar



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VEGAN

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